

# DRAFT

## WASHINGTON STATE BOARD OF OPTOMETRY

### MINUTES OF MEETING

A meeting of the Washington State Board of Optometry was called to order at 9:00, on June 13, 2003, by R. Richard Ryan, Jr., O.D., Chair. The meeting was held in the Department of Health Administrative Offices, 20435 72nd S, Second Floor, Kent Washington, Conference Room One

BOARD MEMBERS PRESENT: R. Richard Ryan, O.D., Chair  
Lund Chin, O.D.  
Bernice Hoptowit, Public Member  
Thomas Riley, O.D.  
Jeffrey Sutro, O.D.  
Ben Wong, Jr., O.D.

STAFF PRESENT: Judy Haenke, Program Manager  
Melissa Quirke, Administrative Assistant

OTHERS PRESENT: Tim Layton, Washington Academy of Eye Physicians & Surgeons  
Sherri Egashira, Optometric Physicians of Washington

### ORDER OF AGENDA

#### OPEN SESSION:

1. **Call to Order**
  - 1.1 Approval of Agenda  
The agenda was approved as written.
  - 1.2 Approval of Minutes of March 14, 2003, Meeting  
The minutes of the March 14, 2003 meeting were approved as written.
2. **Post Graduate Education Seminar**
  - 2.1 Review Comments from March 2003  
The Board reviewed comments submitted by attendees at the March 2003, seminar.

2.2 Review of March 2003 Seminar Cost

Preliminary figures show the cost of the 2003 seminar to be \$13,033.25. Total costs in 2001 was \$11,965.14 and in 2002, the total cost was \$10,682.01. The costs for speakers and costs associated with printing both showed a significant increase from 2002 to 2003. Staff will determine if printing services can be obtained at a lower cost.

2.3 March 13-14, 2004 Seminar

a. Recommendations for speakers

Recommendations include Larry May, M.D., Dr. Donnenfield, M.D., Dennis Smith, O.D., Bob Evans, Jerome Sherman, M.D., Jerry Shields, Steven Laukaitis, M.D., and Jerry Rapp, Ph.D.

b. Designation of Chair and Co-Chair

Chair for the March 20-21, 2004 Seminar is Thomas Riley, O.D., Co-Chair is Ben Wong, O.D.

**3. Continuing Education Courses**

3.1 Review of Courses Submitted for Approval.

The following courses were approved by the Board:

"Systemic Causes and Treatment of Optic Disc Swelling" a lecture by Ben M. Stoenner, O.D., course submitted by Pacific Cataract and Laser Institute, presented on April 1, 2003, in Vancouver, Washington. Course approved for 2 hours.

"Comanagement of Optic Nerve Disorders?" a lecture by Maynard Pohl, O.D., and Comanagement of Optic Nerve Disorders: Glaucoma, a lecture by Paul Chung, M.D., submitted by Pacific Cataract and Laser Institute, presented on March 13, 2003, in Bellevue, Washington. Course approved for 2 hours.

"The Glaucoma Graph" a lecture by Gordon Johns, M.D, and "How to Manage Ocular Hypertension" a lecture by Paul Chung, M.D. Presented on February 28, 2003, in Chehalis, Washington, by Pacific Cataract and Laser Institute, approved for 6 hours.

"Current and Future Trends in Refractive Surgery Technology?" a lecture by Robert Ford, M.D., submitted by Pacific Cataract and Laser Institute, presented on April 8, 2003, in Bellevue, Washington. Course approved for 2 hours.

"Update on Ocular Research" a lecture by Jay Haynie, O.D., and "What's New in Corneal Surgery/Therapeutics", a lecture by Lori Youngman, O.D., and "Retinal Vascular Disease", a lecture by Brenda Myers-Powell, M.D., PhD, submitted by Pacific Cataract and Laser Institute, presented on February 11, 2003, in Tacoma, Washington. Course approved for 2 hours.

"Treatment Strategy Update for RVO & BRVO's and Macular Translocation for ARMD" a lecture by Todd Schneiderman, M.D., "Strabismic Implications for Macular Translocation and Pediatric Eye Emergencies", a lecture by Jason Cheung, M.D., submitted by Pacific Cataract and Laser Institute, presented on February 27, 2003, in Silverdale, Washington. Course approved for 2 hours.

"Ocular Hypertension Treatment Study" a lecture by Jeffrey Urness, O.D., Herpes Zoster/Herpes Simplex", a lecture by James Guzek,, M.D., and "Cataract Surgical Techniques and IOL's a lecture by Bruce Fling, O.D., submitted by Pacific Cataract and Laser Institute, presented on March 11, 2003, in Pendleton, Oregon. Course approved for 2 hours.

"Update on Ocular Research: Glaucoma Clinical Trials" a lecture by Paul Chung, M.D., "Herpetic Eye Disease Study I, II" a lecture by Doug Hansen, O.D., and "What's New in Corneal Surgery?" a lecture by Lori Youngman, O.D. submitted by Pacific Cataract and Laser Institute, presented on April 24, 2003, in Silverdale, Washington. Course approved for 2 hours.

"Educational Initiative in AMD and Related Retinal Diseases" a lecture by Larry Milsow, M.D, submitted by Pacific Cataract and Laser Institute, presented on March 27, 2003 Kennewick, Washington. Course approved for 1 hour.

"Comanagement of Optic Nerve Disorders?" a lecture by Maynard Pohl, O.D., and Comanagement of Optic Nerve Disorders: Glaucoma, a lecture by Paul Chung, M.D., submitted by Pacific Cataract and Laser Institute, presented on March 13, 2003, in Bellevue, Washington. Course approved for 2 hours.

"LASIK Pearls" a lecture by Shaun Coombs, O.D., submitted by Pacific Cataract and Laser Institute, presented on March 20, 2003, in Aberdeen, Washington. Course approved for 2 hours.

"2003 Eye Care Conference" submitted by Group Health. Lectures presented on May 3, 2003 in Tukwila, Washington. Course approved for 6 hours.

"Glaucoma Trials" a lecture by Kathy Yang-Williams, O.D. submitted by Group Health, Yakima District. Lecture presented on June 10, 2003 in Yakima, Washington. Course approved for 2 hours.

"Columbia River George Retina and Glaucoma Update" submitted by OHSU Casey Eye Institute. Course presented on June 25-26, 2003, in Stevenson, Washington approved for 10.5 hours.

"Glaucoma Blebs and Complications" submitted by Kaiser Permanente. Course presented on February 26, 2003, in Portland, Oregon approved for 2 hours.

“Journal Review” lecture by James Lombardo, O.D., submitted by Northwest Eye Surgeons. Course presented on June 4, 2003, in Seattle, Washington approved for 2 hours.

“Anthrax/Smallpox Vaccine Immunization Program” submitted by Terrence Clark, O.D. Course presented on April 30- May 2, 2003, in Arlington, Virginia. 5 hours of continuing education was granted for the communication and education after each presentation.

5 hours of continuing education were given to John Merslich, O.D. for preparation of clinical instruction, and attendance of lectures at the University of Auckland, New Zealand.

Two hours of continuing education was approved for lecture presentation and preparation of “Vision is Learned” presented and submitted by Gary Cole, O.D.

### 3.2 Designation of Reviewer Through September 26, 2003

Dr. Ben Wong will act as preliminary reviewer through the next regular Board meeting, September 28, 2003.

## 4. **National Board of Examiners in Optometry – Information Only**

### 4.1 Change of Policy for Sponsored Candidates

Formerly, a state board could sponsor a candidate to sit for the Part III, NBEO examination whether or not the candidate had completed Part I and Part II. Now, candidates sponsored by a state board must first pass the Part I and Part II examination. This change has been necessary due to a demonstrated potential risk to patients relative to candidates taking the Clinical Skills section of Part III when they have not yet passed Parts I or II.

### 4.2 Change to the Part III Clinical Skill Section – Station 1

Beginning in 2003, candidates will be required to record their tentative diagnosis based on the case history and indicate a case history finding that best supports the tentative diagnosis. The tentative diagnosis and finding are graded.

## 5. **Medical Quality Assurance Commission - Request for Feedback**

### Proposed Policy on Use of Lasers in Skin Care and Treatment

The Medical Quality Assurance Commission is requesting feedback from professions as to any overlapping scope of practice issue or potential issue with the proposed policy matter. The proposed policy provides:

The Medical Quality Assurance Commission considers the use of laser to treat or alter the skin the practice of medicine; that a physician considering using a laser for medical purposes should be adequately trained; that an adequately trained physician may delegate a laser procedure to an allied health professional provided that the allied health professional is appropriately trained and that the physician provides appropriate supervision.

Following discussion of the proposed policy, the Board deferred comment until the September 26, 2003, meeting following clarification from the Medical Quality Assurance Commission on the following:

- Does the proposed policy mean to imply that a physician can delegate a laser procedure to an optometrist?
- When referring to an “allied health professional” is that reference meant to be only those who hold a professional license?

**6. Proposed rules amendments**

**WAC 246-851-160 – Credit for reports**

The Board reviewed the proposed draft amendments to WAC 246-851-160. The amendments updated references to journals and other publication.

**WAC 246-851-170 - Credit for preprogrammed educational materials.**

The Board considered proposed changes that would amend the rule to allow a total of twenty five credits for remote optometric distance learning activities. Currently, this rule allows for a total of thirty five credits to be earned through correspondence and electronically available coursework.

Following discussion, it was agreed that Dr. Jeffrey Sutro would submit a proposal to combine WAC 246-851-160 and WAC 246-851-170 for Board consideration at the September 26, 2003, meeting.

**7. Substitute Senate Bill 5226 – Authorizing Oral Medication**

**7.1 Overview of the Authorizing Statute**

The following information was provided:

- Licensed optometrists with an additional approved sixteen hours of didactic and eight hours of supervised clinical instruction may qualify to administer, dispense or prescribe oral drugs for diagnostic or therapeutic purposes; and, with an additional four hours of didactic and supervised clinical instruction may administer epinephrine by injection for treatment of anaphylactic shock.
- In consultation and with the approval of the Board of Pharmacy, the Board of Optometry must establish a list of approved Schedule III through V controlled substances and oral legend drugs.
- No optometrist may use, prescribe, dispense or administer oral corticosteroids.
- In consultation and with the approval of the Board of Pharmacy, the Board of Optometry must establish specific guidelines for the prescription and administration of drugs by optometrists so there is a clear understanding by

- optometrists and persons filling their prescriptions of which drugs and which dosages or forms are included.
- An optometrist may not prescribe, dispense, or administer an oral drug to a patient within ninety days following the patient's ophthalmic surgery without consulting the patient's surgeon.
- An optometrist may not prescribe, dispense, or administer a controlled substance for more than seven days for any patient for a single condition or associated pain. If additional treatment is needed, the patient must be referred to a physician.
- The prescription or administration of drugs is specifically limited to those drugs appropriate to treatment of diseases or conditions of the human eye and adnexa that are within the practice of optometry.

## 7.2 Overview of the Rules and Implementation Process

Mary Dale, Rules Coordinator for the Department of Health, Health Systems Quality Assurance Division, provided an overview of the rules implementation process. The presentation included rule making standards, required notifications and filings, and the process required to ensure that rule making is an open process where all interested persons and stakeholders may participate.

In responding to an inquiry from Dr. Ryan regarding a timetable to complete the rules process for the oral legislation, Ms. Dale indicated that the completion date is estimated to be April, 2004.

## 8. **Open Rules Development Work session**

Rules Development for Implementation of SSB 5226 including the listing of approved drugs and guidelines for their use and required training for certification to use oral medication and epinephrine by injection.

Rich Ryan, O.D., Chair, convened the Open Rules Development Worksession at 11:00 a.m..

A proposed drug formulary submitted by the Optometric Physicians of Washington was discussed. The list was further amended to include categories of drugs or a list of drugs or group of drugs within a category.

A proposed ocular therapeutics course submitted by Pacific University College Optometry and Southern California College of Optometry was reviewed and amendments suggested. The proposed amendments will be forwarded to PUCO/SCCO for consideration.

The next open rules development work session is tentatively scheduled for July 18, 2003 in Leavenworth, Washington. Once a date and time is finalized, a notice will be sent to individuals who have requested information on the rules development process.

**9. Budget Report**

The Board reviewed revenue and expenditures for the month ending April 2003.

**10. Other Open Session Business**

Dr. Rich Ryan presented a plaque to Bernice Hoptowit in thanks for her service on the Board. Bernice was first appointed as a public member by Governor Locke to serve on September 15, 1997. Governor Locke recently appointed Mary Lou Staples to fill the public member position.

**11. Review of Licensing Applications**

The Board reviewed and approved four licensing applications.

**12. Disciplinary Case Review**

The following disciplinary cases were reviewed:

<u>CASE #</u>	<u>DISPOSITION</u>
2003-03-0003OD	Closed below threshold
2003-06-0001OD	Closed no violation
2003-06-0002OD	Refer for investigation
2003-06-0003OD	Refer for investigation

**13. Other Closed Session Business**

**Being no further business, the meeting was adjourned at 3:00 p.m.**

Respectfully submitted: \_\_\_\_\_  
Judy Haenke, Program Manager

Approved: \_\_\_\_\_  
R. Richard Ryan, Jr., O.D., Chair